



The Experience Within







The Experience Within



Paulsons

Beauty & Fashion
Private Limited

Paulsons is the company that aims at representing fashion and lifestyle at global standards. With a rich experience in the field of education, the trust has promoted a number of educational institutions in and around Pondicherry.

In 2010, Toni&Guy – the world's #1 hairdressing brand was launched in Chennai by the Paulsons Group. The group also owns the master franchisee for Essensuals – a diffusion brand from Toni&Guy. The company's association with premium brands was strengthened by the inclusion of Häagen-Dazs franchise and over a period of a few years, the group also launched homegrown brands like Chakra Urban Spa, Jonah's Bistro, Slam Lifestyle and Fitness Studio, Provoke Lifestyle Magazine – TV & Radio, Sulthan's Biryani, Big scoop, PLAY and the group's first foray into the world of online games – Kalutai.

The group also runs a chain of hotels called Anbu Park Group of Hotels in Villupuram, Tiruchirapalli and Pondicherry (all in Tamil Nadu, India) and a brand new Ginger property in liaison with the Taj Group of Hotels.

The Paulsons Group constantly looks for means to reinvent themselves and set fresh standards of quality and this belief is what has led the company to its consistent growth and stability.



TREATMENTS

& TARIFFS



CAUTION: THESE SERVICES ARE NOT RECOMMENDED DURING CERTAIN HEALTH CONDITIONS INCLUDING THE FOLLOWING:

- ✿ Pregnancy
- ✿ Infections or any Skin abnormalities
- ✿ High blood pressure
- ✿ Epilepsy and asthma
- ✿ Alcohol Consumption

If you have any other medical conditions or concerns apart from the above kindly inform the reservation desk while booking the appointment. Also please do mention if you are under any medication or treatment.

*As per our company policies we don't provide any cross massage services.
*All our massage services are followed by 15 minutes steam



Strengthen the
primal instinct of reflexes with

REFLEXOLOGY

An ancient healing practice that restores the body's equilibrium by stimulating the core reflex points in the most integral parts of our structure. Our body contains an energy field and the blockage of this force comprises health and prevents healing. Reflexology restores the flow of natural energy by stimulating the nerves.

	30 MINS	60 MINS
Foot / Shoulder & Back	₹1000/-	₹1500/-
Head Oil Massage (Men)	₹700/-	₹1200/-
Head Oil Massage (Women)	₹1200/-	₹1500/-

* Inclusive of Hair Wash & Blast Dry

SCRUBS & WRAPS

***Available at select outlets only**

Beauty is only skin deep but the texture, softness, vibrance, color, purity and luminescence of your skin speaks the story of your life. Come and let us etch a beautiful story on your skin with our assorted body scrubs & wraps. Indulge to revitalize your skin, immerse in the tender depth of your roots and surrender yourself to soulful rejuvenation. After an invigorating body scrub, we prepare your skin through a body pack, which enables your body to absorb the rich nutrients of the exotic herbs and minerals. We wrap the body after applying the pack to generate heat so that the skin gets softer and porous facilitating easy absorption.

CHAKRA HERBAL SCRUB & WRAP

90MINS – ₹3250/-

The combination of herbal scrub and wrap with exfoliating granules help to remove dead skin, and boost blood circulation. It also helps to drain the lymph nodes, by increasing blood flow to the surface of the skin.



MASSAGES

***Available at select outlets only**

A therapy does so much more than just feel good. It helps your body to eliminate toxins through the lymphatic system, gives your circulatory system a boost of energy, and brings about a state of peace and harmony.





SWEDISH THERAPY

[OIL]

60MINS – ₹2500/-

90MINS – ₹3000/-

This classical European technique of manipulating muscles with massage oils is both relaxing and invigorating. While providing tonic for the soul, this massage can help improve the function of the circulatory, lymphatic, muscular and nervous systems.

BALINESE THERAPY

[DRY&OIL]

60MINS – ₹2700/-

90MINS – ₹3100/-

A combination of influences from different cultures gives us the unique form of Balinese technique. A form of deep massage designed to work almost every muscle in the body. The goal of this technique is to achieve a relaxed and balanced state of mind by revitalizing the blood flow in your body. This practice is a stress and anxiety buster, helping one regain a general sense of harmony.



DEEP TISSUE THERAPY

[OIL]

60MINS – ₹2700/-

90MINS – ₹3100/-



This technique is designed to relieve chronic muscle tension in the connective tissues. The primal focus is on the deeper layer of the muscle, enhancing function and providing aid in the healing process. Deep tissue massages are often recommended for individuals who experience consistent pain or are involved in routine physical activities that lead to exhaustion.

*Government taxes are applicable



SKIN CARE

Your face encompasses the beauty of the whole earth and for every beauty; there is an eye to see it. With draw your concerns and cease your self to more than a dozen facials, carefully designed to enhance the life of your skin. The true beauty of a person always lies in their soul but for everything else there is always the beautiful touch of human hands, lifting your skin off its layers of dead cells and giving it back a life of its own.

SOTHYS

Since 1946, Sothys has represented French excellence in professional treatments for beauty institutes and spas. Sothys, a world of extremely refined emotions. Choosing Sothys, means combining impeccable technology with an outstanding experience for the senses. Development of the sothys brand has been driven by its ability to stay true to itself while bringing new solutions to the changing world of beauty.

Clean Up Ritual Gentle cleansing and exfoliating to Eliminate dead cells from the corneal layer.	-	₹2499/-
Hydra Comfort Soothing Ritual A comforting hydration therapy that restores moisture levels, soothes sensitivity, and revives skin radiance.	-	₹3799/-
Clear Balance Purifying Ritual A balancing facial designed to regulate oil, tighten pores, and hydrate without over-drying.	-	₹3799/-
Brightening Ritual A gentle brightening ritual that restores radiance, deeply hydrates, and evens skin tone. Perfect for dull, lackluster complexions.	-	₹4499/-
FirmLift Youth Ritual A revitalizing skin therapy designed to smooth fine lines, deeply hydrate, and awaken dull, tired complexions.	-	₹4199/-
Purifying Treatment An intensive clarifying solution that deeply detoxifies and treats persistent blemishes.	-	₹4799/-
Skin Brightening Treatment A high-performance skin-perfecting treatment that targets stubborn pigmentation, refines texture, and visibly brightens the skin.	-	₹5999/-
FirmLift Youth Treatment A powerful anti-ageing solution using advanced actives from Sothys Research to target wrinkles, loss of firmness, and skin sagging.	-	₹5999/-



SOTHYS

DERMALOGICA

When Dermalogica meets skin, skin health is redefined. Dermalogica is the number one choice of skin care professionals and consumers worldwide. Why? Because for over 25 years, we've been dedicated to delivering skin health results through education, innovation, and recommendation. The vision was clear – a product line free of common irritants and ingredients that could cause breakouts (including lanolin, parabens, SD alcohol, mineral oil, artificial colors and fragrances) that would improve skin health, and were only available from qualified skin care professionals trained by Dermalogica.

Clean Up Ritual Gentle cleansing and Exfoliating to Eliminate dead cells from the corneal layer.	-	₹2799/-
Pro Hydrating Facial Treatment that relieves dryness and fine lines	-	₹3799/-
Pro Clear Facial Treatment that involves exfoliating and cleansing To eliminate dirt, dead skin and impurities.	-	₹3799/-
Pro Calm Facial Treatment involves hydration, nourishment & soothing effect	-	₹3799/-
Pro Bright Treatment Effectively addresses uneven skin tone and reveals your brighter and smoothen skin.	-	₹4499/-
Pro Age Smart Treatment Designed to help Firm, Smooth, Nourish, Regenerate and energise by controlling the biochemical that triggers Aging.	-	₹4999/-



DERMALOGICA

SKEYNDOR

Skeyndor is a brand from Spain which started in 1966 and since then it is continuously innovating and setting trends in the cosmetics industry. Known as "Scientific Skincare", the philosophy is based on continuous innovation and facilitating work for beauty centres with new active ingredients and breakthroughs. The products offer scientifically proven results endorsed by efficacy studies. Skeyndor range offers wide range of products, starting from essential care and skin brightening to the most advanced products for anti-ageing, skin repair and rejuvenation.

Under Eye Treatment Reduce under eye dark circles and Contours wrinkles gradually.	-	₹2199/-
Clean Up Ritual Gentle cleansing and exfoliating to Eliminate dead cells from the corneal layer.	-	₹3299/-
Hydration Ritual Treatment that designed to replenish, revive and re hydrate.	-	₹4499/-
Pure Defence Facial Protect the skin from environmental aggressors.	-	₹4499/-
Power Retinol Treatment Repair and rejuvenation line. A synergy of three active ingredients with high rejuvenation power to unify, repair and balance the skin.	-	₹5999/-
Clear Balance Treatment Treatment specifically designed to normalize the oily and acne prone skin	-	₹5999/-
Aquatherm Treatment Formulated with thermal water to respond to the problems of sensitive and reactive skin.	-	₹6499/-
Power Oxygen Treatment Protect your skin from environmental pollution and provides much needed oxygen to it.	-	₹6499/-
Corrective Treatment Provides instant smoothening effect on fine lines and Wrinkles.	-	₹9999/-



SKEYNDOR



Well groomed feet and well groomed hands sums up half of your success story, as the greatest reward and greatest joy only comes from the simplest pleasures in life. Pamper yourself with some attractive packages at your choice of leisure and detox your cuticles and cracked heels away.

MANICURE & PEDICURE



MANICURE

Deluxe Manicure	-	₹1000/-
(Cut & File, Cuticle cleaning, Scrub and Massage)		
Candle Manicure	-	₹1300/-
(Cut & File, Cuticle cleaning, Scrub, Massage (candle) and pack)		
Classic Manicure	-	₹1500/-
(Cut & File, Cuticle cleaning, Salt Soak Scrub, Massage and pack)		
Luxury Manicure	-	₹1600/-
(Cut & File, Cuticle cleaning, DeTan, Scrub, Massage and pack)		
Cut & File	-	₹200/-
Nail Paint	-	₹250/-

PEDICURE

Deluxe Pedicure	-	₹1300/-
(Cut & File, Cuticle cleaning, Scrub and Massage)		
Candle Pedicure	-	₹1600/-
(Cut & File, Cuticle cleaning, Scrub, Massage (candle) and pack)		
Classic Pedicure	-	₹1800/-
(Cut & File, Cuticle cleaning, Salt Soak Scrub, Massage and pack)		
Luxury Pedicure	-	₹2000/-
(Cut & File, Cuticle cleaning, DeTan, Scrub, Massage and pack)		
Cut & File	-	₹200/-
Nail Paint	-	₹250/-

*Government taxes are applicable



NAILS

"Any woman can wear a great outfit but it is her nails that make the statement".

NAIL EXTENSION

Jewellery (Per Piece)	-	₹50/-
Nail Art (Per Finger)	-	₹200/-
5D or Cat Eye (Per Finger)	-	₹200/-
Holographic Gel Polish (Per Finger)	-	₹200/-
Chrome (Per Finger)	-	₹200/-
Gel Polish (Per Finger)	-	₹120/-
Gel Polish (Removal)	-	₹600/-
Gel Polish (French)	-	₹1350/-
Soft Gel Extension (Gel polish included)	-	₹2300/-
Soft Gel Extension (Overlay included)	-	₹2300/-
French Tip Extension	-	₹2800/-
Acrylic Extension (Gel polish included)	-	₹3500/-
Gel Extension (Gel polish included)	-	₹3500/-
Extension Removal	-	₹850/-
Overlay	-	₹1850/-
Refill (Gel polish included)	-	₹2250/-



*Government taxes are applicable

De-TAN

Nape	-	₹500/-
Feet	-	₹750/-
Underarms	-	₹550/-
Face & Neck	-	₹1100/-
Half Arms	-	₹750/-
Full Arms	-	₹1100/-
Half Legs	-	₹1000/-
Full Legs	-	₹1400/-
Upper Back	-	₹900/-
Lower Back	-	₹900/-
Full Back	-	₹1250/-
Midriff	-	₹900/-



THREADING

Eyebrows	-	₹100/-
Upper Lip	-	₹100/-
Lower Lip	-	₹100/-
Chin	-	₹100/-
Forehead	-	₹100/-
Sides	-	₹100/-
Neck	-	₹120/-
Full Face	-	₹500/-

WAXING

Men's Waxing 25% Extra

	<u>Premium WAX</u>	<u>Brazilian WAX</u>	<u>Luxury WAX</u>	<u>Luxury Brazilian WAX</u>
Upper lip	-	₹150	-	₹275
Chin	-	₹150	-	₹275
Sides	-	₹275	-	₹500
Neck	-	₹275	-	₹500
Ears	-	₹275	-	₹500
Nape	-	₹150	-	₹275
Nose	-	₹150	-	₹450
Underarms	-	₹500	-	₹750
Full Face (*Selective Outlets)	-	₹600	-	₹800
Half Arms	₹600	-	₹700	-
Full Arms	₹1000	-	₹1200	-
Half Legs	₹800	-	₹1000	-
Full Legs	₹1200	-	₹1450	-
Full Front/ Back	₹1000	-	₹1300	-
Upper/ Lower Back	₹750	-	₹900	-
Midriff	₹800	-	₹1150	-
Bikini Line	-	₹1150	-	₹1250
Bikini Wax	-	₹2800	-	₹3000
Butt	₹800	-	₹1500	-
Butt Crack	-	₹750	-	₹1250
Full Body (Without Bikini)	₹4250	-	₹5250	-
Full Body (With Bikini)	₹5250	-	₹6500	₹7000

Intimate Care ₹1500

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SEPT 2025



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